

PACKING LIST

DOMINICAN REPUBLIC

Keep track of the trip at our new blog site untoinc.org/news

Work gloves (required, leather is best)

Water bottle (required)

Bible and notebook with pens (required)

Snacks (power bars or granola bars, keep in zip lock bags)

Camera, new batteries

Two single sheets, pillow, pillowcase (required)

Toiletries: toothbrush, toothpaste, shampoo, soap, deodorant

Two towels, washcloth, beach towel for pool

Hand sanitizer (small ones for everyday use)

Flip flops

Gatorade (powder to mix in with your water)

Playing cards or small board games

Backpack or small carry-on bag

Watch or alarm clock

Small flashlight with new batteries

Sunscreen and insect repellent

Swimsuit

Ear plugs

Roll of toilet paper

Handy wipes

Trash bag for wet and dirty clothes

Mosquito net

Peanut butter and Jelly

Dramamine (for bus ride)

Prescription medicines (keep these in their original containers)

First-Aid items such as Pepto-Bismol, Imodium, laxatives, chap stick, Aloe Vera

Casual clothes for days off and evenings (again, be modest in your dress)

Shoes for work and for sports activities (work shoes will get dirty)

Spending money for drinks, souvenirs and airport travel (money for offerings at local churches, optional)

Portable battery operated fan (small only, optional)

iPods (consult with your leader, Unto does not allow use of electronics on work site or during activities)

Cell phones (please limit the use of cell phones, very expensive with roaming fees in the DR)

Bag of assorted candy (to pass out to the kids in the community)

Work clothes: shorts and t-shirts (GIRLS- no short-shorts or halter tops; GUYS- no shirtless, but sleeveless or undershirts are ok)

Church clothes: (GIRLS-dress or skirt (modest, not short) and top, sandals; Guys-collared shirts and khaki's are preferred but nice jeans are ok, tennis shoes are ok) Guys if you are going to be in front of the church for any type of ministry, we would like you to wear khaki's or khaki type pants.

With very high humidity and an average temperature near 80 degrees; you must drink the water that we provide to you at all times.